



SYDNEY SHELP

From ages 9-15, Sydney studied classical ballet at The School of Dance in Ottawa in their professional program. While Sydney trained primarily with Mary Ross, she was also able to study under guest choreographers and teachers including Paul Chalmer, Jane Wooding, and Gerard McIsaac. Through The School of Dance, she was given the opportunity to perform with world renowned ballet companies at the National Arts Centre. Sydney performed alongside the National Ballet of Canada in their production of Swan Lake, the Houston Ballet's Marie, and the Hong Kong Ballet's rendition of Sleeping Beauty. She has also performed in Alberta ballet's The Nutcracker. In the summer of 2014, Sydney was invited to attend a summer intensive at the Canada's National Ballet School in Toronto. In 2019, Sydney was selected to be the featured female dancer as a debutante at Ottawa's Viennese Winter Ball. In 2020, she returned to dance as a debutante for a second year. Sydney is currently in her first year of her undergraduate degree in Biomedical and Mechanical Engineering at Carleton University.